



# Christ the Redeemer Catholic Church

Pastor - Monsignor Gregory Smith

599 Keith Road, West Vancouver, BC, V7T 1L8

Assistant Pastor - Father Giovanni Schiesari

Office - (604) 922-1371 | Fax - (604) 922-5942

Parish Website - [www.ctrwestvan.ca](http://www.ctrwestvan.ca)

Facebook - [www.facebook.com/ctrwestvan](http://www.facebook.com/ctrwestvan)

## 3<sup>rd</sup> Sunday of Lent—March 4, 2018

## Weather Report

Special thanks to Alex and Leslie McGibbon, Mike Donelson, and other parishioners for helping with the shoveling of the snow this past weekend when the snow removal contractor couldn't keep up with the steadily falling snow.



That being said, more than half last week's

collection went to snow removal and getting the boiler in the church working again. Would it be possible to ask for your extra support this coming Sunday by doubling the usual amount in your envelope for one week? Your generosity would be much appreciated and needed during this chilly time.

## 5 Tips to Get Lent Back on Track



*Excerpted from a February 27, 2018 article by Sherry Antonetti on Aleteia.org.*

### 1. Run, don't walk to Confession.

The whole goal of Lent is to grow in grace and this is the surest, swiftest means to "begin again."

**2. Examine your Lenten resolution.** What is it? Why is it? When and where do you break down in keeping it? Figure out your "triggers" for temptation.

**3. Ask for help.** Ask the saints, and perhaps ask your family or friends. Tell them of your Lenten fast, and ask them to help you, particularly if you have points in the day when fasting becomes difficult.

**4. Pair your fast with a petition for someone and write it down.** Write it down daily. Today, I am fasting from X for this person ... because of whatever it is. It will help you to remember what you are doing and why you are doing it.

**5. Reflect at the end of the day.** Talk to God about your fast, ask Him to show you how you can better love Him, better see Him, better hear him.

Keep at it. Fasting is not easy. Forty days is not short. Old habits and sins are hard to root out and pull out of how we respond to ourselves, God, and the world.

It will take prayer and time and persistence. Take comfort in the reality that God wants this for us, the saints are rooting for us, and every moment is another opportunity to "begin again." Have a blessed Lent.

## Cardinal Tagle Speaks on Families

Cardinal Luis Antonio Tagle, the Archbishop of Manila, will give a public address at the **Queen Elizabeth Theatre** (630 Hamilton St., Vancouver) on **Monday, March 19**, beginning at **6:00 p.m.** He will also celebrate Mass at Holy Rosary Cathedral at **12:30 p.m.** (in place of the usual 12:10 Mass) the same day. Cardinal Tagle is known for his passionate speeches, and is a much-loved and highly sought-after international speaker.



Highlighting one of our archdiocesan priorities and goals: "Strengthening Marriages and Families", Cardinal Tagle will address the challenges of living the faith within family life. Family time, among today's many distractions, continues to be an almost lost reality for many. Join us for his talk on "**Keeping Families in Faith: The Domestic Church in a Global Village**".

For tickets, please visit <http://rcav.org/cardinal-tagle>.

Ordained as bishop in 2001, Cardinal Tagle became archbishop ten years later, and was elevated to the College of Cardinals a year later in 2012. He was the seventh Filipino to be made a Cardinal and the second youngest Cardinal at the time. He holds a licentiate and doctorate in Sacred Theology from the Catholic University of America, Washington, DC, and was recently named by Pope Francis as one of the Synod Fathers for the Synod of Bishops on the New Evangelization.

## A Glance at Our Parish Calendar

Sunday	March 4	6:00 p.m.	Youth Alpha	Mallon Room
Monday	March 5	7:30 p.m.	Word of God Bible Study	Mallon Room
Tuesday	March 6	7:00 p.m.	R.C.I.A.	Mallon Room
Wednesday	March 7	9:15 a.m.	School Mass	Church
		10:00 a.m.	Knitting for Charity	Mallon Room
		4:15 p.m.	P.R.E.P.	McCarthy Room
		7:00 p.m.	C.W.L. Executive Meeting	Mallon Room
Thursday	March 8	9:00 a.m.	Adult Faith Formation (St. James)	Mallon Room
Friday	March 9	6:00 a.m.	Commuter Club	Mallon Room
		6:00 p.m.	Soup and Silence	Mallon Room
		7:00 p.m.	Stations of the Cross	Church

### Mass Schedule & Intentions

<b>Sun Mar 4</b>	9:00 a.m. 11:00 a.m. 5:00 p.m.	Maria Lim (int)	<i>3<sup>rd</sup> Sunday of Lent</i>
<b>Mon Mar 5</b>	9:00 a.m.	Harry White †	
<b>Tues Mar 6</b>	8:15 a.m.	Fr. Xavier Royappan †	
<b>Wed Mar 7</b>	9:15 a.m.	Bill O'Connor †	<i>Sts. Perpetua and Felicity</i>
<b>Thu Mar 8</b>	8:15 a.m.	Mary O'Connor (int)	
<b>Fri Mar 9</b>	8:15 a.m.	Russell Sheehan †	
<b>Sat Mar 10</b>	9:00 a.m.	Mee-Na Cheok †	
<b>Sun Mar 11</b>	9:00 a.m. 11:00 a.m. 5:00 p.m.	Kevin O'Connell †	<i>4<sup>th</sup> Sunday of Lent</i>



### Confession Times

Saturdays 9:30-10:00 a.m.  
Sundays 4:15-4:55 p.m.

*Priests are also available for confessions by appointment.*

### Please Pray For

Jeanne Ainsbury



### We Continue to Pray for

*Kenneth Beesley, Carlos Bolbrugge, Timothy Buckley, Helen Bush, Kacey Caldarella, Gerald Carrol, Veronica Chan, John Choi, Elias Chong, Robert Coles, Rose Cullen, Sofia Curalli, Barry Cutler, Cecilia Donahoe, Dana Donelson, Margaret Fry, Jeannine Gillis, Eric Greenwood, Nicholas Havemann, Maria Helbig, Patrick Hickey, Patricia Keough, Benita Lameo, Young-pyo Lee, Marcos Lopes, Lawrence Marchant, Margaret McCormick, Tom McCusker, George & Nadine O'Leary, Michael O'Brien, Ethan Price, Erich Puchinger, Natalia Pyk, Plunkett Quinn, Matt Radošević, Emma Grace Radziminski, Gordon Ridgedale, Derek Ridsdale, Tammy Rodriguez, Leonie Roemuss, Margaret Ryan, Breda Sheehan, Theresa Sheehan, Milan Sikich, Linwood Trask, Maria Magdalena Velázquez, Rolly & Molly Waechter, Lucienne Watson, Amy Wheeler, Joseph Willgot, and Simon Wong*



### Pray for the Repose of the Soul of

Thomasina Eagle Child *(niece of Tish Byrne Casey)*



### Daylight Savings Begins

Don't forget to change your clocks on Saturday night—they move **forward 1 hour** at 2:00 a.m. next **Sunday, March 11!**

### 2017 Tax Receipts

Tax receipts for donations made to the church and to Project Advance in 2017 are now available for pickup in the church foyer.

### Prayer List Reset

Please note that after Lent we will only list the names of those for whom we've been asked to pray this year. If you or a loved one have been on the prayer list longer than three months, and still need prayers, please inform the office.







## SAS Spring Break Mass Time Changes

As St. Anthony's School goes on Spring Break next week, please note that the celebration of daily Mass on Wednesday, March 14 and Wednesday, March 21 will return to its 8:15 a.m. time.



## St. Thomas Aquinas

Ten senior STA students participated in the annual MAD (Making A Difference) film festival where they placed first for: Best Cinematographer, Best Editor, Best Director and Best Screenplay. All proceeds from the event went to the Michael Cuccione Foundation & Cystic Fibrosis Canada.

## Catholic Women's League News



Our next general meeting will take place on **Wednesday, March 21** beginning at **7:00 p.m.** We are pleased to welcome guest speaker Jacqueline Gresko, a highly respected history professor at Douglas College, who will speak on the Franciscan Sisters of Atonement who were involved with Japanese Canadian evacuees during WWII. Please make every effort to attend this interesting talk.



## Queen of Peace Monastery—Help Needed

Our good friends at Queen of Peace Monastery have a problem. Their wooden tabernacle is out of commission—the wood has contracted with weather changes, pulling out the hinges and leaving big cracks. Two of the nuns have worked on a design to be cast on brass or iron, but the project is going to cost up to \$9,000.

Given the very limited finances of the monastery, the Prioress Sister Marie Tersidis is wondering whether there are any parishioners at Christ the Redeemer who might be able to help them with this. For more information you may speak with Msgr. Smith or Sister Tersidis directly. Thank you!



## Soup and Silence

Grow this Lent as we gather around a table in silent reflection and gratitude with a simple meal every Lenten Friday evening. We begin at 6:00 p.m. in the Mallon Room, with Stations of the Cross following at 7 p.m. All are welcome.

## Men's North Shore Retreat



The annual Men's North Shore Lenten retreat will be held on Sunday, March 10 at St. Pius X Parish (1150 Mt Seymour Parkway), led by Fr. Horgan. The retreat will start at 9:00 a.m. with Mass, ending at 2 p.m. A light snack and lunch will be served. Tickets are \$20. For more information, please contact Terry Edwards at 604-986-3108.



## Formation Corner

*Excerpted from the Pastoral Constitution Gaudium et Spes from Vatican II: The Church in the Modern World, no. 21*

While completely rejecting atheism, the church nonetheless honestly proclaims that all women and men, believers and unbelievers, have a duty to contribute to the fitting construction of this world which they share; and this cannot be done without honest and prudent dialogue. Hence it protests at the discrimination between believers and unbelievers unjustly applied by some governments which ignore the basic rights of the human person. It demands for believers an effective liberty to be allowed to build God's temple also in this world. And it gently invites atheists to consider Christ's gospel with open hearts.

For the church is fully aware that its message is in harmony with the deepest desires of the human heart when it champions the dignity of the human calling and restores hope to those despairing of any higher density. Far from diminishing humankind, this message spreads light, life and liberty for its progress, and nothing less can satisfy the human heart. "It is for yourself that you have made us," Lord, "and our hearts are restless, until they repose in you".



## 40 Days for Life

40 Days for Life is a focused pro-life campaign with a vision to access God's power through prayer, fasting, and peaceful vigil to end abortion in Canada and around the world. This year's campaign runs from February 14 to March 25. A big part of the campaign is an around-the-clock prayer vigil outside B.C. Women's Health Centre—the largest abortion facility in B.C. We invite all parishioners to take part in this campaign by committing to an hour of prayer at the Hospital. If you would like to learn more information about the Vancouver campaign, please visit <https://40daysforlife.com/local-campaigns/vancouver-2/>.



## Spiritual Exercises for Men

The Miles Christi priests will be hosting a retreat for men, using the Spiritual Exercises of St. Ignatius, on March 16-18 at Westminster Abbey in Mission. For more information and to register, contact Jody Garneau at 604-825-5391 or email her at [adultfaith@stannsabbotsford.ca](mailto:adultfaith@stannsabbotsford.ca)



## Domestic Abuse Services—Our Lady of Good Counsel Society

The Annual General Meeting of the OLGCS Society will take place on Wednesday, March 7 at 7 p.m. at St. Michael's Parish, Burnaby. We are pleased to have two members of the Vancouver Police Domestic Violence Unit speaking at our meeting. Bring a friend to learn about the Society and the good work we do. Interested in joining our Board of Directors and making a difference in peoples' lives? Call Della at 604.585.6688 for more info.

## Fr. Jim Nisbet Catholic Bible Seminar

The Biblical scholar returns to St. Mary's Ukrainian Catholic Church to present The First Book of Samuel on April 27-29, 2018. The Adult 3-day registration rate is \$70, and married couple registration is \$130. Day rates and student discounts are also available. Registration and is available at [www.biblestudies4.wixsite.com/biblecentre/registration](http://www.biblestudies4.wixsite.com/biblecentre/registration).

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**Rhodri Rees-Jones**  
Director, Senior Private Wealth Mgr.  
UBS Investment Mgmt. Canada Inc.  
999 W Hastings St., #650  
Vancouver V6C 2W2  
604-331-4557  
[rhodri.rees-jones@ubs.com](mailto:rhodri.rees-jones@ubs.com)

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